

Winter Dates & Fees

Jan 4 – Mar 12

10-Week Session

\$90 cash/check or \$94 credit card

\$72 cash/check or \$75 credit for
African for Kids ONLY (8 weeks)

Make-up week for CDT cancelled classes: Mar 14-19

**Registration with payment is due no later
than 2 days before 1st class***

*Please register at least one week in advance.
Minimum numbers must be met by registration
deadline or a class may be cancelled!*

*Please contact us if you miss a deadline,
as we may still have space available.

Please Note: No refunds for missed classes.
No pro-rated prices for beginning after first class
of session.

Observation Dates:

African, Yoga & Shake & Create: Week of Dec 14

All Winter Classes: Week of Mar 7

*Pre-registration required and
class size is limited.*

*If you miss a deadline contact us
to see if we are still accepting
students.*

FOR REGISTRATION FORMS:

visit www.cdt-dance.org

email alissa@cdt-dance.org

call (513) 591-1222

"Like" us on Facebook:
Contemporary Dance Theater



Contemporary Dance Theater
is located at:

College Hill Town Hall
1805 Larch Avenue
Cincinnati, OH 45224

Directions, faculty bios & FAQ
at: www.cdt-dance.org



Winter Dance Classes for Kids

at the
College Hill Town Hall
Jan 4 – Mar 12, 2016

10-week session

Modern & Ballet
Creative Dance
Hip Hop
Zumba® Kids, Jr.
African Dance
Breakdance
Tap
Yoga

MONDAY & TUESDAY

Zumba® Kids, Jr Candice Wortham, Instructor
Ages 4-7 Mondays 5:30-6:15pm

These classes are rockin', high-energy dance parties packed with kid-friendly routines. We break down steps, add games, activities and cultural exploration elements into the class structure. Hip Hop dance and more!

Hip Hop for Kids Candice Wortham, Instructor
Ages 8-12 Mondays 6:15-7:00pm

This hip hop class is open to both beginners and experienced dancers ages 8-12. Students will learn the classics along with the latest moves in hip hop, through combinations & choreographed routines. They will be encouraged to bring their own creativity to the room through games and activities. This is a class where they can let loose, be free, and let their inner star shine!

African Dance for Kids Shakira Adams, Instructor
Ages 6-10 Tuesdays 5:30-6:15pm

– 8 weeks, Jan 5 – Feb 23 (see special pricing for 8-weeks)
Kids will learn the basic steps of West African dance style as they improve their strength, body awareness, coordination and rhythm, in a fun and challenging way. This class is appropriate for all levels of dance experience.

Breakdancing for Kids Brent Fields, Instructor
Ages 7-12 (2nd grade and up)

Tuesdays 6:15-7:15pm

These sessions are for new students & those who want to review breakdance basics, as well as learn new skills. Students will learn and review the basics of Breaking/B-Boying/B-Girling. Classes will explore freestyling, starting with the foundation/ fundamentals and progressing through toprocks, drops, footwork, power moves, and freezes. Students will also explore how to dance with individual character and creativity.

Also taught by Shakira Adams & Brent Fields!

African Dance Adults/Teens Tuesdays 6:15-7:25pm

Breakdancing Adults/Teens Tuesdays 7:30-8:45pm

See Adult class schedule for pricing & registration

WEDNESDAY & THURSDAY

Introduction to Dance

Allison Jacobs, Instructor

Ages 5-8 Wednesdays 6:15-7:15pm

This class will introduce your child to the fundamentals of Ballet and Modern. Emphasis will be on developing proper technique, improving strength and flexibility, and increasing dance vocabulary and terms. Students will have an opportunity to utilize their imagination and creativity through various dance games and activities. No previous experience is necessary.

Boogie Babies Allison Jacobs, Instructor

Ages 18 mos-2½ & adult caregiver

Thursdays 10:00-10:45am

Introduce your toddler to the wonderful world of dance. In this class you and your child will be dancing together! Creative movement will be explored by dancing games, fun songs, and movement stories.

Wiggle, Giggle, Imagine

Allison Jacobs, Instructor

Ages 2½-4 Thursdays 11:00-11:45am

In this class your child will have an opportunity to explore their creativity and imagination. The building blocks of dance will be introduced through movement games and activities.

Ballet for Tweens Allison Jacobs, Instructor

Ages 8-12 Thursdays 5:00-6:00pm

This class is for girls & boys who are new to ballet or who have some ballet experience, including those who have taken Introduction to Dance. Emphasis will be on developing proper ballet technique, improving strength and flexibility, and increasing dance vocabulary.

Also taught by Allison Jacobs!

Ballet Basics: Stretch and Strengthen

Adult/Teen class for **Ages 12-Adult**

Weds 7:30-9:00pm or Thurs 7:15-8:45pm

See Adult class schedule for pricing & registration

THURSDAY & SATURDAY

Shake and Create Allison Jacobs, Instructor

Ages 3-5 Thursdays 6:15-7:00pm

In this class your child will be introduced to creative movement and dance. Your child will have an opportunity to jump, shake, spin and wiggle, while using their imagination!

Yoga for Kids Larita Hayden, Instructor

Ages 6-9 Thursdays 6:15-7:00pm

This yoga class integrates storytelling, games, music, language, and art to engage the whole child. It is a fun class that children enjoy and parents appreciate. Yoga for Kids class allows children to learn in a multi-sensory environment that explores kinesthetic, visual, aural, inter and intra personal learning. Classes will include a focus activity; yoga poses; a fun yoga, breathing, or game to create unity; and a quiet time.

Modern for Kids Glenda Figueiredo, Instructor

Ages 8-12 Saturdays 9:20-10:20am

If your child is interested in learning Modern, Contemporary, Lyrical or Jazz, this would be the place to start to learn the fundamentals. Basics of Modern dance will be covered including standing and floor warm-ups, across the floor, and center combinations. All levels of experience in dance are welcome to join.

Also taught by Glenda Figueiredo

Modern Jazz for Adults/Teens

Saturdays 10:30-11:45am

See Adult class schedule for pricing & registration

Tap Beginner Level 1 Alissa Stachowski, Instructor

Ages 6 & up, 1st grade & up

Saturdays 9:30-10:15am

Kids will learn the basic steps of tap and will incorporate them into short routines that they will perform for parents at the end of each quarter. This is a progressive class, with the next level taught in Spring quarter.