

Contemporary Modern Dance Class

Taught by Andrea Cerniglia, Artistic Architect & Director of



Cincinnati Fringe Festival performers from Chicago!

A mixed-level modern dance class for adults & teens (ages 13 & up)

Thursday, June 1

7:15pm - 8:30pm

Special discounted price of \$10 cash/check/credit card

Or use your Flex Cards

Please join us for this class which incorporates athletic movement that challenges your body and your brain! Current & new CDT students are welcome to drop-in to this class.

Class Description:

“Class begins with ample time for warming the body and improvising our way through space. We will activate our senses, brains, and bodies. After developing a relationship with our core and breath, focus is placed on technical, improvisational, and performative elements. We will then move into athletic, detail-oriented phrase work designed to challenge the mover to occupy space that also allows for creative experimentation in attack, phrasing and transition with emphasis on improvisation and play.”

Contemporary Dance Theater

College Hill Town Hall, 1805 Larch, 45224

www.cdt-dance.org

(513) 591-1222 dance@cdt-dance.org

