



We will offer these adult/teen drop-in classes, 4 weeks, Nov 26—Dec 20

Mondays

- Hip Hop w/ Steve 7:00—8:00pm (*mixed level*)
- Musical Theater Dance w/ Steve 8:00—9:00pm (*advanced beginner/intermediate*)

Tuesdays

- Modern Basics 2 w/ Alissa 6:15—7:30pm (*advanced beginner/intermediate*)
- Movement Improvisation w/ Donna 7:45—9:00pm (*all levels*)

Wednesdays

- Ballet Basics 1 & 2 w/ Allison 6:45—8:00pm (*beginner, advanced beginner*)
- Modern Basics 1 & 2 w/ Alissa 7:00—8:15pm (*beginner, advanced beginner*)

Thursdays

- Ballet Basics 2+ w/ Alissa 9:45—11:00am—***new morning time!*** (*advanced beginner/intermediate*)

Pricing: Please note that all classes are drop-in, Nov 26—Dec 20, 4 weeks. **See updates & cancellations on our Facebook page.**
\$14 cash/check, \$15 credit per class, or use a Flex-5 cards (good for 3 months) \$60 cash/check, \$63 credit.
Note: All Flex cards are non-transferrable (may not be shared) and non-refundable, and expire on the date listed.

SPECIAL OFFER: All 4 weeks of the SAME class \$36 cash or check, \$38 credit card.
Offer good through Thurs, Nov 29

The week of Thanksgiving we will also have these drop-in make-up classes:

Monday, Nov 19

- Ballet/Jazz for Musical Theater Dance w/ Steve 6:00 – 7:00pm
- Hip Hop w/ Steve 7:00 – 8:00pm
- Musical Theater Dance w/ Steve 8:00 – 9:00pm

Tuesday, Nov 20

- Ballet Basics 2+ (*adult/teen*) w/ Alissa – 9:45—11:00am



Nov 26—Dec 20
Class
Descriptions



→ **Hip Hop w/ Steve, Mondays 7:00—8:00pm:** Steve's Hip Hop classes are filled with creative choreography set to the latest Hip Hop/R&B music. Recommended for all levels of dancers (mixed level). It is recommended that students wear dance/exercise type clothing and athletic shoes or dance sneakers, or go barefoot if you prefer.

→ **Musical Theater Dance w/ Steve, Mondays 8:00—9:00pm:** Learn choreographed routines set to the fun and catchy tunes from Broadway and movie musicals, featuring a wide variety of dance & choreography styles. Steve's classes expand on jazz and ballet basics with dances that have character and personality. Definitely a fun class for everyone, and great practice and training for those who love to perform in local amateur or professional musicals. Students will learn a new choreographed routine each week, and practice routines from previous weeks, and will also have a brief time of across the floor to work on turns, jumps and grand battement. This class is recommended for advanced beginners and intermediate dancers from any dance background, but beginners are welcome also.

→ **Modern Basics 2 w/ Alissa, Tuesdays 6:15—7:30pm:** Modern Basics 2 is for anyone who wants to learn & practice Modern Dance technique basics with combinations taught at a medium pace. Class includes floor work, inversions, center technique, across the floor, and some choreography.

→ **Movement Improvisation w/ Donna, Tuesdays 7:45—9:00pm:** In this class, students will explore improvisation as a practice in discovering new movement patterns and as a means of non-verbal compromise between movers, time, space, and music. Dancers will be challenged to heighten their physical awareness, as well as their relationship to other moving bodies. Class will include improvisational techniques for performance, exploration, and creating choreography, with guided warm ups and culminating movement jams. All movers are welcome!

→ **Ballet Basics 1 & 2 w/ Allison, Wednesdays 6:45—8:00pm:** Have you always wanted to learn Ballet? Well this is the class for you. In this class you will be introduced to the basics of Ballet including barre work, jumps, turns, leaps, and small combinations. Special emphasis will be placed on strengthening the muscles used in ballet & increasing overall flexibility! Basic Ballet vocabulary will also be taught. This class is ideal for beginner ballet dancers as well as dancers who want a slower paced ballet class with more explanation on technique, and want to be able to ask questions, while getting a great stretching and strengthening workout.

→ **Modern Basics 1 & 2 w/ Alissa, Wednesdays 7:00—8:15pm:** Modern Basics 1 & 2 is for anyone who wants to learn & practice Modern Dance technique with simple combinations at a slow to medium pace. This is a technique class that covers the basics of Modern Dance. Class includes floor work, inversions, center technique, across the floor, and choreography.

→ **Ballet Basics 2+ w/ Alissa, Thursdays 9:45—11:00am—new morning time!** This class level & pace is for advanced beginners who are moving toward intermediate level. It is for students who are familiar with the basic ballet class and technique, and would like a simple but physically challenging class to work on their ballet technique. This is a great class for those who do other dance styles such as Modern or Musical Theater Dance, and would like a weekly ballet class.

****See other side for days, times, and class fees****